



Holistic Medicine, Healing, Spiritual & Emotional Supportive Group Therapy

with Dr. Rama Pemmaraju Rao MD
www.drrama.com

90 Minute Sessions

Discuss how healing can take place through our Spirituality of any path

Groups are small to afford an intimate healing atmosphere

Topics will be chosen with group consensus at the time of meeting

Please call 214-245 4627 to place your name the list

\$25 per person--six consecutive group meetings.

- ❖ Facilitate group support and conventional therapy for a wide variety of psychiatric and medically related psychiatric issues
- ❖ Offer simple holistic suggestions for a wide variety of issues such as gentle yoga postures and simple holistic methods where appropriate.
- ❖ Offer medical education for those on medications and have felt they need more information and suggestions

Dr. Rama Pemmaraju Rao MD

Is board certified in Child Adolescent and Adult Psychiatric Medicine and has board recertification pending in Internal Medicine. He has worked with many meditation and Yoga masters, spiritual Mothers from around the world, and has learned various holistic suggestions and methods

He is a physician dedicated to awakening the heart and opening the mind to rediscover the Spirit within.